October 2024



Child's Name:	Class:
Regular Menu \$100 (monthly)	Vegan Menu \$100 (monthly)
If no selections are made, by default "Regular I	Menu" will be selected.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 FARFALLE PASTA CHICKEN BUTTER- GARLIC SAUCE VEGGIES FRESH FRUITS	1 LEAN ANGUS BEEF BASMATI RICE BLACK BEANS FRESH FRUITS	2 BBQ CHICKEN MASHED POTATOES SWEET CORN FRESH FRUITS	3 PENNE PASTA GROUND BEEF PINK SAUCE GREEN BEANS FRESH FRUITS	4 PIZZA
07 PENNE PASTA BEEF MARINARA PEAS & CARROTS FRESH FRUITS	08 CHICKEN PAELLA SEASONAL VEGGIES FRESH FRUITS	09 GROUND TURKEY WHITE RICE BLACK BEANS FRESH FRUITS	10 CHICKEN ALFREDO SHORT PASTA VEGGIES MEDLY FRESH FRUITS	11 PIZZA
TEACHER'S PROFESSIONAL DEVELOPMENT DAY no school	15 MEATBALLS RICE & BEANS FRESH FRUITS	16 CHICKEN THIGHS MASHED POTATOES PINTO BEANS FRESH FRUITS	17 FARFALLE PASTA BEEF MARINARA PEAS & CARROTS FRESH FRUITS	18 PIZZA
21 RIGATONI PASTA BEEF MARINARA VEGGIES MEDLY FRESH FRUITS	22 CHICKEN PAELLA SWEET PEAS FRESH FRUITS	23 LEAN GROUND BEEF WHITE RICE PINTO BEANS FRESH FRUITS	24 ZITI PASTA CHICKEN PINK SAUCE GREEN BEANS FRUITS	25 PIZZA
28 MAC & CHEDDAR CHICKEN GREEN BEANS FRESH FRUITS	29 CHICKEN & BEEF MEATBALLS YELLOW RICE BLACK BEANS FRESH FRUITS	30 CHICKEN MASHED POTATOES SWEET CORN FRESH FRUITS	31 OUR "LASAGNA" PINK BEEF SAUCE VEGGIES FRESH FRUITS	1 PIZZA

All Meals are made from "SCRATCH" with fresh lean meats and wholesome natural ingredients*

Substitutions:

Please write the letter corresponding to the desired substitution in the day of the change.

A. Chicken Nuggets B. Grilled Cheese Sandwich C. Mac and Cheese D. Rice, Beans and Plantains

- Payment due on the first day of each month.
- Payment is non-refundable due to absence.
- Cancellation of enrollment to the lunch program must be submitted in writing at least one month prior.
- If the lunch is not eaten or picked up by 3pm the day it was delivered, it will be discarded by the end of the day.

^{*}THIS MENU DOES NOT CONTAIN ANY PORK OR PEANUT PRODUCTS.